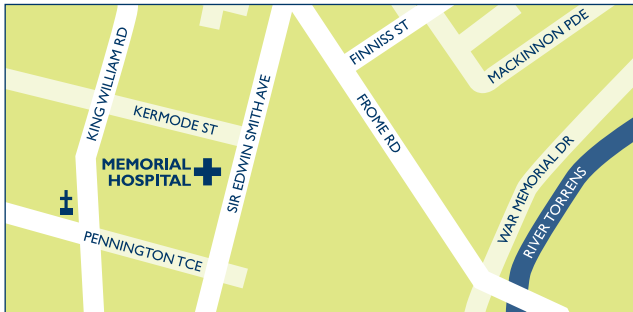


## Locations and opening hours



North Eastern Community Hospital **(08) 8402 0212**  
(Heading Avenue, Campbelltown)  
8.30am to 5.00pm weekdays



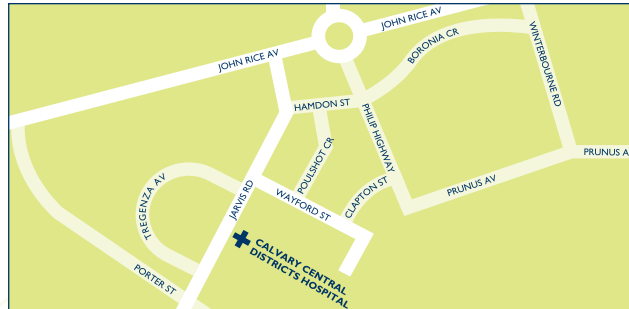
The Memorial Hospital **(08) 8402 0282**  
(Sir Edwin Smith Avenue, North Adelaide)  
8.00am to 8.00pm weekdays  
Ticket parking is available on-street on Sir Edwin Smith Avenue, as well as on Pennington Terrace.  
There is a parking station off Kermode Street.

*Please bring all your previous X-rays and scans with you to your appointment.*

## Locations and opening hours



The Calvary Hospital **(08) 8402 0262**  
(Strangways Terrace, North Adelaide)  
8.00am to 5.00pm weekdays  
Free on-street parking is available.



Calvary Central Districts Hospital **(08) 8402 0202**  
(25-37 Jarvis Road, Elizabeth Vale)

*Please bring all your previous X-rays and scans with you to your appointment.*

Patient Information Handout

# Facet joint and nerve root injection

Phone 08 8402 0200

Fax 08 8402 0247

Website [www.radiologysa.com.au](http://www.radiologysa.com.au)

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radiology SA

### What are facet joint and nerve root injections?

A needle is placed into a joint in your spine called a 'facet joint', or near a nerve as it exits the spine. X-rays are used to guide the needle to the correct position. An anaesthetic and a steroid solution are injected into the area.

### How are these procedures performed?

The Radiologist (a doctor) will perform the procedure. You will need to lie flat on an X-ray table, facing down. The area on your back will be cleaned with an antiseptic and numbed with local anaesthetic.

The needle placement is guided with X-rays which may include using a CT scan. Once in position a combination of long acting anaesthetic and long acting steroid will be injected.

### Are there any risks?

There may be slight soreness or bruising at the injection site. Any other problems are considered very uncommon. You should contact your doctor or our booking staff if you experience any problems after the procedure.

### Preparation needed prior to the procedure

There is no need to fast unless your doctor has arranged sedation.

*Please inform our booking staff if you are on blood thinners such as warfarin (Marevan or Coumadin).*

*As X-rays are involved please inform our staff if you are pregnant or think you may be pregnant.*

### How long will the procedure take?

Most injections are completed within 30–45 minutes. You may need to stay with us for a short time after the procedure, particularly if you have received sedation.

### How long will the pain relief last?

Success rates vary between people. You may experience pain during the procedure which should ease as the local anaesthetic begins to work.

The steroid may take a few days to have an effect. Some people may have long term relief for months to years. Others may get no benefit.