

YOUR APPOINTMENT:

Date:

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Time:

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LOCATIONS:

Calvary North Adelaide

RADIOLOGY SA NUCLEAR SPECIALISTS

Dr Ghee Chew Dr Vivian Hall Dr Robert Cooper Dr Esber El-Barhoun Dr Gabby Cehic Dr Paula Averbuj

NOTES:

P: 08 8402 0200 F: 08 8402 0247 E: radiologysa@radiologysa.com.au www.radiologysa.com.au

Patient Information Handout

Nuclear Medicine Colonic Transit Study

A Nuclear Medicine Colonic Transit Study assesses your large bowel. This test is performed over an entire week from Monday through to Friday. On Monday morning you will be given a glass of milk which will have a small amount of a radioisotope "radioactive tracer" mixed into it. You won't be able to taste the tracer in the milk and there are no side effects to the tracer. You will then be able to leave the department and will be instructed to return 6 hours later that day for the first scan of your bowel. You will have two 'markers' lined up on your body to help the technician position you under the camera every day – one marker at the front on your chest and another one on your back marked with permanent marker. You will be placed underneath a machine, which looks similar to a CT machine.

This study is unsuitable for pregnant women. Breast-feeding mothers or mothers with young children can discuss any concerns at the time of appointment.

BOOKING YOUR APPOINTMENT

Please call our friendly staff on 8402 0200. Please note this test is only performed at our Calvary North Adelaide site.

WHAT TO BRING

Radiology referral Medicare card Healthcare / Concession card (if applicable) Previous relevant imaging

PREPARATION FOR YOUR STUDY

During the week you will be able to eat and drink normally. Laxative medications should be ceased 3 days prior to the commencement of the test. You will still need to remain off laxatives and avoid certain laxative type food / drinks during the week of the test.

TIME REQUIRED

This test is performed over an entire week from Monday through to Friday. On Monday you will be required to be in and out of the department for the entire day. You will need to return to the department at 8am each morning Tuesday through to Friday for a 10 minute image.

